

# Information after surgery (Post-Op)

## Home Care:

- Avoid touching your eye
- Avoid water in the eye (showering with eyes closed is ok)
- Avoid heavy lifting, bending, and strenuous activity
- Wear sunglasses when you go outside
- Wear your eye shield at night for one week
- Fluctuating vision and a sensation of sand in the eye is normal
- Use prescribed medicine as instructed:
  - Ketorolac/ 4x a day
  - Prednisolone Acetate/ 4x a day
  - Moxifloxacin/ 4x a day
- Do not drink alcohol for 24 hours after surgery
- Do not drive for 24 hours after surgery

## If Dr. Abraham placed a pressure patch on the eye:

- The patient should not remove the patch themselves
- Eye drops cannot be used while the patch is on
- The eye drops are to be continued the next day

## If Dr. Abraham placed a clear protective shield:

- The patient can remove the shield briefly to put in their eye drops
- It is okay to continue eye drops exactly as instructed

## Call the office if you experience:

- Redness, increasing pain, bleeding, or discharge from the affected eye

**Follow up with Dr. Abraham at our office tomorrow for your Post Op Day 1**

X \_\_\_\_\_

**NURSE SIGNATURE/DATE/TIME**

X \_\_\_\_\_

**PATIENT SIGNATURE/DATE/TIME**



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